



2025 / VOLUME 21 / ISSUE 1

COMMUNITY

Wellness  
in Willowbrook

PROGRAMS

Providing Health  
Resources to Residents

RESIDENTS

Support as  
a Priority



# Opening Doors to a Brighter Future



“Our residents  
look forward to  
these events.”

– Brianna, Linc  
senior case manager



LIFE-ENHANCING SERVICES

## Hot Cocoa in Compton

Seasons at Compton residents celebrated National Hot Chocolate Day with marshmallow and whipped cream-topped cocoa, making for a cozy and delightful gathering.



PARTNER SPOTLIGHT

## LA County Department of Public Health

Located next door to Linc’s Springhaven community in Willowbrook, the Los Angeles County Martin Luther King, Jr. Center for Public Health is a vital resource for area residents. The facility offers essential public health services, health promotion programs, and a continuum of support for mental health, substance use, and overall well-being. Many Linc residents benefit from the center’s bi-monthly food giveaway and healing workshops. “Our residents look forward to these events, they provide not just food, but a sense of community,” said Briana Guzman, Linc senior case manager.

During the recent Springhaven Resource Fair, the center opened its doors to support the event and to host CPR workshops. “Their willingness to share space and resources makes a real difference,” Guzman added. The ongoing partnership between Linc and the Department of Public Health continues to enhance residents’ health and stability, reinforcing the importance of accessible, community-driven care.



STAFF SPOTLIGHT

Meet Shannon

Shannon joined Linc in April 2022 as case manager at Springhaven before transitioning to HiFi Collective, where she played a key role in the building’s initial lease-up process. Being part of the first intakes at the new community allowed her to grow alongside the residents who were formerly unhoused as they settled into their new homes. She finds deep fulfillment in treating residents with the respect they deserve, something they may not have always experienced while unhoused.

One of Shannon’s most rewarding moments on the job came during a conversation with a resident who reflected on how her life had changed from constantly worrying about where she would sleep each night to simply deciding what to cook for dinner in their own home. Moments like these fuel her passion for supportive housing and case management.

Shannon earned her bachelor’s degree in social work from Chico State. Prior to joining Linc, she worked with transition age youth and individuals experiencing homelessness. She plans to further her education by pursuing a master’s in social work and is eager to continue growing in her field, with a goal of becoming a senior case manager.

In her free time, Shannon enjoys painting. She is also a musical theater enthusiast, with Wicked and The Greatest Showman among her favorites. If she could make one change in the world, it would be to foster greater acceptance for all. Her advice to her younger self? Enjoy life and don’t take everything too seriously.



PROGRAM SPOTLIGHT

Springhaven Community Resource Fair



In January, Springhaven Apartments in Willowbrook kicked off the new year with its biggest community resource fair yet, thanks to funding from Los Angeles County Supervisor Holly Mitchell . Themed “Healthy Minds, Healthy Bodies: Wellness and Resources for a Balanced Life,” the event provided Linc residents and neighbors with tools to support their physical, mental, and emotional well-being. Power 106 set a lively atmosphere as attendees connected with more than a dozen community

partners offering essential health and wellness resources. Participants enjoyed CPR workshops, a mindfulness session with essential oil blending, and even had an opportunity to pick out a new outfit.

The event was a true collaboration, not only among community organizations but also within Linc itself. Services team members from other Linc communities came together to support Springhaven’s staff, ensuring a smooth and welcoming experience for all attendees. They helped coordinate activities and assisted participants, highlighting the strength of Linc’s supportive network. Vegan tacos from Planet Health of Compton kept everyone fueled, while community partners engaged residents with interactive activities and guidance on accessing ongoing support. The event embodied the spirit of community empowerment, ensuring that residents left with not only valuable information but also a renewed focus on their well-being. By bringing together trusted resources and experts, and demonstrating the power of teamwork, Springhaven continues to support a balanced, thriving future for all.



Give monthly, change lives daily

Californians are struggling to find stable housing. Linc Housing builds affordable homes and provides vital services to keep people housed. Join the Hope to Home Circle and make a difference every month. Your recurring gift builds homes, provides services, and helps families rebuild their lives.



Go-Go Grocery

Go-Go Grocery Market is bringing fresh, affordable produce to the Long Beach community through a new partnership with Spark at Midtown and the Long Beach Department of Health and Human Services. Founded by retired Los Angeles County firefighter Derrick Chapman, Go-Go Grocery operates a solar-powered mobile cart that delivers locally sourced fruits and vegetables across the city. Produce comes directly from Go-Go Grocery’s own farm, ensuring quality and freshness. Residents can purchase items at a low cost or use city vouchers. Any unsold produce is donated to Spark at Midtown residents, reinforcing a shared commitment to accessibility, sustainability, and community health.



RESIDENT SPOTLIGHT

Meet Michelle

Michelle, a resident at HiFi Collective in the historic Filipinotown neighborhood of Los Angeles, has traveled a long and challenging road to find stability. Originally from the Washington, D.C. area, she grew up in a household where education was a priority—both of her parents were teachers. However, her journey took unexpected turns, leading her through periods of homelessness and transitional housing before she found a place to call her own.

“For a while, I was living in my car near the Santa Monica Pier,” Michelle recalls. “Then, I spent four and a half years in transitional housing with five other people in the same house. It was tough, but I kept going.”

Moving into HiFi Collective was both exciting and nerve-wracking for Michelle. “I was excited because I finally had a place of my own,” she said. “But I was also nervous — I was leaving behind what I knew, the friends I had made.”

Now settled, Michelle appreciates the sense of community and support at HiFi Collective. “The building is kept so clean, the staff really listens, and they do a lot for the residents,” she said. “The support here is probably my favorite thing.” While she enjoys community activities, she admits that anxiety and a well-loved nap schedule sometimes keep her from joining in as much as she’d like.

Her goals are simple yet meaningful: to be more active, more social, and eventually travel to visit her family. “I’m in therapy, I’m working my steps, and I’m taking it one day at a time,” Michelle says. “That’s all I can do.”



“The support here is probably my favorite thing.”  
—Michelle,  
HiFi Collective Resident

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