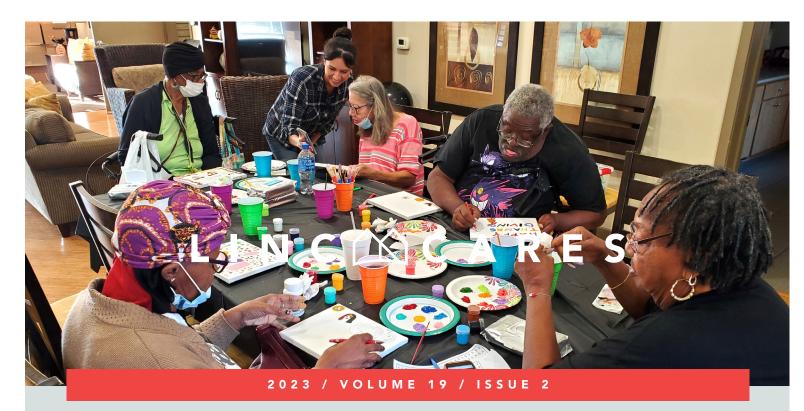


3590 Elm Avenue Long Beach, CA 90807

Linc is a 501(c)(3) builder of sustainable affordable housing with life-enhancing services.

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COMMUNITY

Providing Equitable Health Access to All ${\tt P}\;{\tt R}\;{\tt O}\;{\tt G}\;{\tt R}\;{\tt A}\;{\tt M}\;{\tt S}$

Creating Magic on Earth Day RESIDENTS

Committing to Learn and Grow



Opening Doors to a Brighter Future



"Providing residents with
equitable access to stable
housing breaks down one
of the barriers to achieving
better health." – Verne
Brizendine, CEO of Aetna
Better Health of California



PARTNER SPOTLIGHT

CVS at Equa Grand Opening

At Equa's grand opening, the CVS Project Health initiative provided residents free biometric screenings, including blood pressure, cholesterol, glucose level, body mass index, and mental health. Participants then met with a nurse practitioner who provided referrals for treatment and recommendations for low or no-cost care.

In a unique partnership with Raymond James, CVS Health provided funding for the construction of Equa as part of its longstanding commitment to address housing insecurities and advance health equity in America.

"We are thrilled to be partnering with the exceptional team at Linc Housing to bring this property to life," said Verne Brizendine, CEO of Aetna Better Health of California, a CVS Health company. "Providing residents with equitable access to stable housing breaks down one of the barriers to achieving better health."



LIFE-ENHANCING SERVICES

Dignity Health Opens at Spark

The St. Mary's Dignity Health Family Clinic on the ground floor of Linc's Spark at Midtown in Long Beach is now open. This new medical facility features four exam rooms and provides primary care health services for low-income Long Beach residents ages 18+.



2023 Volunteers of the Year

Volunteers are an integral part of our team. Their dedication, hard work, and passion for our mission are instrumental in delivering the life-enhancing services that make our communities so special. This year, we recognized five volunteers who are going above and beyond.

Community Volunteers of the Year: April & Daniel Abrams, Seasons at Redondo Beach – Together, they facilitate monthly resident birthday celebrations and have contributed more than 100 hours since 2016.

Resident Volunteer of the Year: Mervis, at Seasons at Redondo Beach – Since 2021, she has facilitated movie days, including providing film options for residents, and baking treats.

Emerging Leader Award: Hamahni, at Terracina Apartments – He helps younger kids at reading time and has demonstrated leadership through his consistency & kindness.

Community Support Award: Katrina, at Fairview Heights – She facilitates the art expression club and supports other programs by raising awareness & encouraging attendance.









STAFF SPOTLIGHT

Meet Maureen

Maureen Rivas is a Senior ICMS Case Manager at Mosaic Gardens at Huntington Park, Mosaic Gardens at Willowbrook, and The Palace. She has over ten years of professional experience in homeless services and alcohol and drug treatment. "One of the reasons that I came to Linc was to master something new, but it was still a challenge for me to step outside of my comfort zone. I have a set of high schoolers at home. Working with our TAY population is helping me be a bit more understanding in how I deal with my children and vice versa."

Maureen is mother to a 34-year-old and twins who will be 16 in July. "We're all just trying to figure out how to do this thing called teenage years." A favorite recent memory of Maureen was visiting Hawaii for the first time. "It was really peaceful. I went with my favorite people in the whole world. There were 12 of us; it was a lot of fun."



PROGRAM SPOTLIGHT

Earth Day at Magic Johnson Park



For Earth Day this year, resident services coordinators Titania, Dolores, and Carrie brought residents together for a holiday celebration at Earvin "Magic" Johnson Park in Willowbrook. Participants met residents from other properties, joined in a park clean-up, painted pet rocks, and enjoyed lunch together.

Titania was tenacious about making it happen. "I love collaboration," She said. "Originally, I just wanted to go to the park to do a clean-up." She met with Nicole Sims, the park's recreation service supervisor, and they worked together to ensure that Linc residents could host their own event and participate in the park's planned Earth Day activities. Residents arrived for the clean-up with trash grabbers, bags, gloves, hand sanitizer, and sunscreen and were greeted by a "Welcome Linc Housing" sign. Having a buddy system for the clean-up helped the work go quickly. During lunch there was a lot of singing, dancing, and laughing.

The staff have already started talking about repeating the activity again next year, with custom t-shirts and team building exercises. This event is serving as a springboard for new ideas for collaboration among Linc communities. A few ideas being considered include a talent show or choir competition. Who else is excited for *Pitch Perfect, Linc Housing Edition*?



The 'linc' between Shopping & Supporting

Did you know that you can support Linc while making everyday purchases? By registering Linc Housing as your favorite charitable organization with any of the following services, Linc will receive a donation every time you shop! It's just that easy to **Shop & Support.**





Go & Grow

Active Discovery once more supported Linc youth empowerment programs by providing Go & Grow kits for nine of our communities. Each kit included a pedometer, cones, activity book, and micro greens growing box to encourage physical activity, healthy eating and literacy skills in a fun, interactive way.

The children at City Gardens in Anaheim loved following the fitness drill instructions, and everyone grew their very own micro salad. One of the activities the group found most challenging was setting their own health goals and making them realistic. Don't we all!



RESIDENT SPOTLIGHT

Gus at Pepperwood

By now, most of us don't even remember what our New Year's resolutions were. But Gus, a resident at Pepperwood Apartments in Rancho Cucamonga, is still dedicated to accomplishing his.

At the beginning of 2023, Gus reached out to his resident services coordinator, Judith, to ask for help. He told her, "I want to know how to read, how to spell out words."

You see, Gus, who is in his 50s, never learned how to read or write.

Although Gus has a physically grueling job, he is very committed to his studies. Until now, he never had the opportunity and support to really focus on his literacy. Now, Gus and Judith schedule time once or twice a week for one-on-one English language arts tutoring. "He's always looking forward to meeting up and doing his workbook," Judith said about their study sessions.

The effort and time he's putting in are making a difference. "We started with learning the ABCs. Then we moved on to the sounds each letter makes because that is the first step in identifying words. You can see the excitement in his face knowing that he can recognize certain words."

Judith, who started at Pepperwood in August, added, "It means a lot to me because I know that I'm doing something right."

Judith hopes that eventually Gus will have the time to become a volunteer at Pepperwood, helping with community events and supporting other residents. For now, his time outside of work is committed to building his reading skills.



"You can see the excitement in his face knowing that he can recognize certain words." — Judith

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